

Seasonal influenza vaccine coverage, intention, motivators and barriers among Algerian healthcare workers

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ABSTRACT

INTRODUCTION The purpose of this study was to evaluate Algerian healthcare professionals' uptake and intentions regarding seasonal flu vaccination and to describe the factors of willingness or rejection.

METHODS Between 28 December 2022 and 29 May 2023, a cross-sectional survey was conducted online using various social networking channels with a particular focus on Algerian healthcare personnel.

RESULTS Overall, the participants demonstrated a high level of correct knowledge about influenza (85.89%), and the nature and benefits of the influenza vaccine (72.7%). However, despite the interesting level of vaccine acceptance (58%), the rate of uptake remains lower than the targeted coverage level. Motivators of vaccine acceptance include the prevention of family (98.5%) or patients (95.5%), while barriers are multiple mainly including the fear of side effects, the effectiveness of the diseases and other beliefs related to the severity of the disease, and the economic benefits of laboratories. Medical staff (OR=2.34; 95% CI: 1.02–5.35) and those who had the COVID-19 vaccine (OR=2.90; 95% CI: 1.29–6.54) were more likely to accept the flu vaccine.

CONCLUSIONS The current study provides data on influenza vaccination intention, uptake, and predictors in Algeria. The results indicated a low level of vaccine uptake while vaccine acceptance was reported by about two-thirds of participants. Within our sample, factors associated with vaccine acceptance mainly included the medical profession and COVID-19 vaccine uptake.

INTRODUCTION

From mild to severe symptoms and from sporadic cases to a pandemic, seasonal influenza (seasonal flu) affects 5–15% of the worldwide population leading to about 3 to 5 million severe cases requiring hospitalization and about 290000 to 650000 respiratory-related deaths^{1–3}. This viral disease caused by influenza viruses occurs mainly during the cold season in the northern and southern hemispheres while it can be recorded at any time of year in tropical regions².

Symptoms of flu that begin after an incubation of 1–4 days include typical signs of upper respiratory tract infection (such as cough, a runny nose, and sore throat), and other manifestations like sudden fever, chills, muscle and joint pain, fatigue, and headache that usually last around a week^{2–4}. These signs could, however, be life-threatening among high-risk individuals (children, pregnant women, the elderly, persons with chronic diseases, etc.) where pneumonia, sepsis and secondary bacterial infections could be observed in severe cases^{2,3}. Viral shedding begins about 24–48 hours prior to the onset of the symptoms and the transmission occurs mainly after sneezing and coughing through direct or

indirect contact with infectious droplets in crowded places which contribute significantly to the spreading of the virus².

The influenza vaccine, which has been used since 1945 is seen as the safest and the most cost-effective tool to prevent influenza infections and complications^{1,5,6}. This vaccine is recommended annually by the World Health Organization (WHO) for high-risk categories including pregnant women, children aged 6 months to 5 years, persons aged >65 years, people with underlying medical disorders, and healthcare professionals³. Healthcare workers (HCWs) can also be included in these categories. In fact, in addition to the increased risk of getting influenza at work from both patients and infected colleagues⁷, HCWs are also at risk of exposure from the broader community (public transportation, home interactions, etc.)⁸. For these reasons, HCWs are 3.4 times more at risk of developing seasonal flu than the adult population⁹ and some estimates show that one in four HCWs could contract the disease in a mild influenza season¹⁰. Consequently, they constitute a source of infection for patients, coworkers, and family members^{11,12}. Thus, by getting vaccinated, HCWs will protect not only themselves from the

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KEYWORDS

influenza, knowledge, attitude, vaccines, Algeria

Received: 21 February 2025

Revised: 3 March 2025

Accepted: 22 March 2025

infection but also their colleagues, relatives and patients⁹. It has been shown that immunizing HCWs lowers influenza disease by 29%, healthcare visits by 52%, and fatalities from all causes among aged individuals by 55%¹. In addition, vaccination will indirectly reduce the rate of absenteeism and consequently limit the ensuing disruption of medical services^{1,13}. However, despite the above-mentioned benefits of the vaccines and the recommendations of the WHO and the national health authorities, vaccine coverage remains low among HCWs in most countries, especially in low-and-middle income ones^{1,5,6,14-23}.

Algeria, where about 2 to 7 million persons are affected annually resulting in about 2000 deaths, and where 10% of medical consultations are related to flu-like syndromes (caused mainly by subtypes A(H1N1) and A(H3N2), and B/Victoria lineage influenza viruses), the vaccine [intended to provide protection against four distinct flu viruses, including two influenza A (H1N1 and H3N2) and two influenza B viruses (Victoria and Yamagata)], is provided free of charge to high-risk categories including HCWs²⁴. However, no data are available regarding vaccination coverage. Thus, this study was conducted to describe the level of knowledge, attitude, and uptake of seasonal flu vaccine among Algerian HCWs.

METHODS

To assess the knowledge of healthcare workers about seasonal influenza and their uptake and intention towards vaccines, a web-based cross-sectional survey was conducted in Algeria, using a self-administered questionnaire. The survey took place from 28 December 2022 to 29 May 2023, by sharing a Google Forms link on social media platforms targeted at the relevant population that includes mainly Facebook groups and pages dedicated for healthcare workers. All healthcare workers aged ≥ 18 years, living and working in Algeria were eligible while healthcare students were not allowed to participate in this survey.

The minimum sample size was calculated using the equation:

$$n = Z^2 pq / e^2$$

where $Z^2 = 1.96$ for $\alpha = 0.05$ (95% CI), $p = 0.5$ (we assume that 50% of the population accepted the flu vaccine), $q = 1 - p$, and e is the accepted margin of error chosen to be 10% ($e = 0.10$), giving $n = 97$.

Participation in the study was voluntary, and no financial incentives or compensations were provided. Before any data were collected, each participant gave informed consent online. According to the Declaration of Helsinki Ethical Principles, participants could discontinue the survey at any moment, and those who refused consent were not permitted to continue with the study. Participants' identities were kept anonymous, while the Scientific Committee of the Faculty of Natural and Life Sciences, University of Djelfa signed the approved protocol.

The self-administered questionnaire (see Supplementary file

for English version) was prepared in both Arabic and French after reviewing previous literature related to seasonal influenza attitudes and knowledge in different countries^{7,9-11,15,17,25}. It included 23 multiple-choice items divided into three sections: sociodemographic, professional, and health characteristics (e.g. sex, age, experience, chronic diseases), knowledge level about seasonal influenza (with 10 yes/no knowledge items), and its vaccine (7 yes/no/ I don't know items), and attitudes towards seasonal influenza vaccines.

Table 1. Sociodemographic and health characteristics of the study population

| Characteristics | Categories | n | % |
|-----------------------------|--------------------------------------|----|-------|
| Age (years) | 18–30 | 45 | 40.18 |
| | 31–40 | 38 | 33.93 |
| | >40 | 29 | 25.89 |
| Sex | Female | 70 | 62.50 |
| | Male | 42 | 37.50 |
| Marital status | Married | 58 | 51.79 |
| | Single | 54 | 48.21 |
| Profession | Medical (physicians, dentists, etc.) | 63 | 56.25 |
| | Paramedics (nurses, etc.) | 49 | 43.75 |
| Experience (years) | <5 | 60 | 53.57 |
| | 6–10 | 15 | 13.39 |
| | 11–20 | 15 | 13.39 |
| | >20 | 22 | 19.64 |
| Sector | Private | 13 | 11.61 |
| | Public | 99 | 88.39 |
| Place of work | Commune | 26 | 23.21 |
| | Daira | 38 | 33.93 |
| | Department | 48 | 42.86 |
| Allergy | Yes | 49 | 43.75 |
| Smokers | Yes | 11 | 9.82 |
| COVID-19 infection | Yes | 95 | 84.82 |
| COVID-19 vaccination | Yes | 59 | 52.68 |
| Chronic diseases | Yes | 26 | 23.21 |
| Types | Hypertension | 10 | 8.93 |
| | Diabetes | 7 | 6.25 |
| | COPD | 5 | 4.46 |
| | Other | 11 | 9.82 |

Statistical analysis

Data were extracted from the Excel sheet and analyzed using SPSS version 22.0 (SPSS Inc. Chicago, IL, USA, 2011). They were first presented as frequencies (n) and percentages (%). Chi-squared (χ^2) and Fisher tests were used to assess the association between dependent and independent variables to assess the relation between seasonal influenza vaccine acceptance and the sociodemographic characteristics. Factors with a $p \leq 0.10$ in the univariate analysis were included in the logistic regression model to confirm their association with seasonal influenza vaccine acceptance. All statistical analyses were performed with a 95% confidence level (CI) and a level of significance of $p < 0.05$.

RESULTS

Sociodemographics

A total of 122 healthcare workers completed the questionnaire, after excluding those who did not meet

the inclusion criteria, 112 individuals made up the final sample with a distribution of 56.3% and 43.7% of medical and paramedical staff, respectively. The sample was predominately female (62.5%) with a slightly higher percentage of married individuals (51.8%). Most participants were aged 18–30 years, followed by those in the 31–40 years age group. More than half of the participants had <5 years of experience (53.6%), the majority worked in the public sector (88.4%), and were evenly distributed across different work locations, with the Department being the most common place of work (42.9%).

In terms of health status, nearly a quarter of participants (23.2%) had chronic diseases with hypertension and diabetes being the most common diseases. In addition, a significant portion of participants (43.8%) reported having allergies, while 9.8% were smokers.

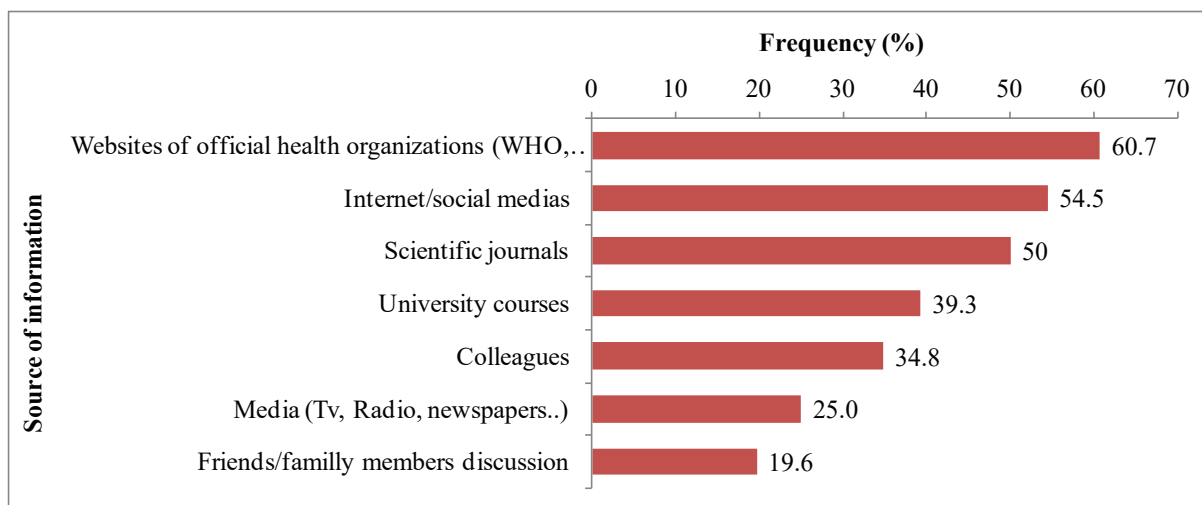
Regarding COVID-19 status, the majority of participants (84.8%) reported being infected, while slightly over half of

Table 2. Knowledge of the study population about seasonal influenza (SI) and its vaccine

| Item | Correct | % | Incorrect | % |
|---|---------|-------|-----------|-------|
| Seasonal influenza knowledge | | | | |
| Influenza causes mild symptoms only; therefore, it cannot be considered a serious disease | 67 | 59.82 | 45 | 40.18 |
| Influenza can cause severe illness or death | 88 | 78.57 | 24 | 21.43 |
| Influenza can be transmitted through droplets and aerosols from coughing or sneezing | 106 | 94.64 | 6 | 5.36 |
| Influenza can be transmitted via blood and body fluids | 92 | 82.14 | 20 | 17.86 |
| People may spread influenza even without symptoms | 87 | 77.68 | 25 | 22.32 |
| Influenza may be spread by touching one’s mouth or nose with contaminated hands | 100 | 89.29 | 12 | 10.71 |
| People may contract influenza even if they have previously contracted influenza | 108 | 96.43 | 4 | 3.57 |
| Mask wearing can limit the spread of influenza | 104 | 92.86 | 8 | 7.14 |
| HCWs can transmit seasonal influenza to their patients | 105 | 93.75 | 7 | 6.25 |
| HCWs are at high risk of contracting seasonal flu | 105 | 93.75 | 7 | 6.25 |
| Mean | | 85.89 | | 14.11 |
| Knowledge about SI vaccine | | | | |
| The influenza vaccine is effective at preventing influenza | 72 | 64.29 | 40 | 35.71 |
| The influenza vaccine is composed of inactivated viruses | 85 | 75.89 | 27 | 24.11 |
| The influenza vaccine reduces the risk of hospitalization and death | 96 | 85.71 | 16 | 14.29 |
| The vaccine may decrease the days of illness from influenza | 81 | 72.32 | 31 | 27.68 |
| The influenza vaccine causes flu-like symptoms | 74 | 66.07 | 38 | 33.93 |
| Influenza vaccination reduces absenteeism from work | 82 | 73.21 | 30 | 26.79 |
| Vaccinating healthcare workers against influenza helps to protect patients from severe illness or death | 80 | 71.43 | 32 | 28.57 |
| Mean | | 72.70 | | 27.30 |

HCWs: healthcare workers.

Figure 1. Source of information regarding seasonal influenza vaccine of the study population



the participants reported having received the COVID-19 vaccine (52.7%) (Table 1).

Knowledge about seasonal influenza and seasonal influenza vaccine

Overall, participants demonstrated a high level of correct knowledge about influenza, with an average of 85.89% correct responses across all items. Specifically, knowledge levels were >89% in 6 out of 10 items, and >77% in 9 out of 10 items. The lowest correct response rate was 59.82% for the item: ‘Influenza causes mild symptoms only; therefore, it cannot be considered a serious disease’.

Regarding the vaccine, participants showed a good understanding of the nature and benefits of the influenza vaccine, with an average of 72.7% agreeing with the statements. Correct response rates varied from 64.3% for the item ‘The influenza vaccine is effective at preventing influenza’ to 85.7% for the item ‘The influenza vaccine reduces the risk of hospitalization and death’ (Table 2).

The most trusted sources (60.7%) of vaccine information were official health organization websites (WHO, MOH), followed by the internet and social media (54.5%), and scientific journals (50%). Traditional media (25%) and personal discussions (19.6%) were less relied upon (Figure 1).

Attitude toward seasonal influenza vaccine

Results revealed that 26.8% of the participants had the seasonal influenza vaccine before the COVID-19 pandemic, 17% had it during the pandemic, and 24.1% in 2022–2023. Nearly half of participants (48.2%) stated that COVID-19 had not changed their attitude toward the influenza vaccine, while 39.3% and 12.5% said their attitude had changed in favor or against the vaccine, respectively.

Regarding their attitude, 58.9% of participants were in

Table 3. Attitude of the study population toward seasonal influenza vaccine

| Item | Response | n | % |
|---|---------------------------|----|------|
| Have you had the vaccine before the COVID-19 pandemic? | Yes | 30 | 26.8 |
| | No | 82 | 73.2 |
| Have you had the vaccine during the COVID-19 pandemic? | Yes | 19 | 17.0 |
| | No | 93 | 83.0 |
| Have you had the vaccine during this year? | Yes | 27 | 24.1 |
| | No | 85 | 75.9 |
| Has your attitude toward the vaccine changed due to the COVID-19? | Yes (for vaccination) | 44 | 39.3 |
| | Yes (against vaccination) | 14 | 12.5 |
| | No | 54 | 48.2 |
| Are you for or against seasonal flu vaccination? | For vaccination | 66 | 58.9 |
| | Against vaccination | 9 | 8.0 |
| | Neutral | 37 | 33.0 |
| Reasons for acceptance | | | |
| To protect my family | | 65 | 98.5 |
| Because seasonal flu could be a serious disease | | 63 | 95.5 |
| To protect my patients | | 63 | 95.5 |
| To protect my self | | 58 | 87.9 |
| Because the vaccine is recommended by Health authorities/WHO | | 56 | 84.8 |
| Because the vaccine is effective | | 55 | 83.3 |
| Because the vaccine is safe | | 53 | 80.3 |

Continued

Table 3. Continued

| Item | Response | n | % |
|---|----------|----|------|
| Because the vaccine is free of cost | | 35 | 53.0 |
| Reasons for rejection | | | |
| I am concerned about possible adverse events from the vaccine | | 9 | 100 |
| The vaccine is not effective in preventing the flu | | 8 | 88.9 |
| Flu is not a serious illness | | 8 | 88.9 |
| Vaccines are primarily an economic business of pharmaceutical companies | | 8 | 88.9 |
| By following healthy lifestyles, I can avoid diseases without needing to get vaccinated | | 8 | 88.9 |
| I have little chance of contracting the disease | | 7 | 77.8 |
| I have a healthy body | | 6 | 66.7 |
| The vaccine is more dangerous than the virus itself | | 6 | 66.7 |
| If I contract the disease, the consequences will not worry me | | 5 | 55.6 |
| Recommendations | | | |
| We need more information on the composition of the vaccine and its side effects | | 33 | 29.5 |
| Vaccination of people at risk against influenza should be compulsory in Algeria | | 25 | 22.3 |
| Vaccination of health personnel against influenza should be compulsory in Algeria | | 6 | 5.4 |
| Programming awareness campaigns about the influenza vaccine | | 42 | 37.5 |
| You recommend the vaccine for your family members/friends | | 6 | 5.4 |

favor of vaccination, 33% were hesitant and 9% were against the vaccine (Table 3). The main reasons for acceptance were: to protect family (98.5%) or patients (95.5%), and because the disease could be severe (95.5%), while the reason for rejection were related to fear of side effects (100%), and effectiveness of the vaccine (88.9%), and other beliefs related to the severity of the disease (88.9%) and the profit motive of pharmaceutical laboratories (88.9%) (Figure 2).

When asked about their recommendations regarding the seasonal influenza vaccine, respondents mostly mentioned the need for intensified awareness campaigns (37.5%) and providing information about the vaccine content (29.5%). Additionally, 22.3% believed that vaccination of people at risk against influenza should be mandatory while only 5.4% agreed that vaccination of HCWs against influenza should be compulsory in Algeria.

Regarding factors associated with vaccine acceptance, logistic regression results showed that medical staff were more favorable than paramedics (OR=2.34; 95% CI: 1.02–5.35). Furthermore, respondents who worked in Dairas (sub-prefectures) showed more willingness than those working in the Commune (municipality) (OR=3.12; 95% CI: 1.04–9.42). Lastly, having had the COVID-19 vaccine increases the odds of seasonal influenza vaccine acceptance (OR=2.90; 95% CI: 1.29–6.54) (Table 4).

DISCUSSION

Although not well documented, influenza constitutes a real public health threat in Algeria²⁶, which has pushed the national health authorities to install a sentinel surveillance network *Groupe Régional d’Observation de la Grippe* (GROG) since 2006 in order to monitor influenza-like illnesses and identify circulating viruses to adapt health measures^{26,27}.

One of the measures adopted by this network is the establishment of annual vaccination before and during the flu season (mainly between October and March)^{26,27}. The vaccine which is provided freely is recommended for high-risk persons including HCWs, with a target vaccination coverage of 35%^{26,28}. However, despite social mobilization through

Table 4. Factors associated with seasonal influenza vaccine acceptance of the study population

| Variable | Categories | B | SD | Wald | p | OR | 95% CI | |
|--------------------------------------|------------|-------|-------|-------|--------------|-------|--------|-------|
| | | | | | | | Lower | Upper |
| Profession (p=0.059) | Medical | 0.850 | 0.422 | 4.068 | 0.044 | 2.341 | 1.024 | 5.348 |
| | Paramedics | | | | | | | |
| Place of work (p=0.049) | Daira | 1.139 | 0.563 | 4.085 | 0.043 | 3.122 | 1.035 | 9.418 |
| | Department | 0.881 | 0.528 | 2.784 | 0.095 | 2.414 | 0.857 | 6.797 |
| | Commune | | | | | | | |
| COVID-19 vaccine (p=0.005) | Yes | 1.065 | 0.414 | 6.632 | 0.010 | 2.899 | 1.29 | 6.536 |
| | No | | | | | | | |

traditional and social media²⁸, some barriers such as the lack of communication outside the flu season, and the fear of side effects, have limited the uptake of the vaccine among HCWs^{27,29}. The rate of vaccination coverage, the willingness and the barriers of rejection have not been studied to our knowledge. Thus, this study has been conducted to evaluate these issues.

Overall, HCWs in our study who were mainly connected to MOH and WHO recommendations (60%), were well-documented regarding seasonal flu and its vaccination with levels of correct responses of 85.9% and 72.9%, respectively. These rates are higher than those reported among Jordanian HCWs¹¹. However, despite these rates of knowledge, the levels of vaccine uptake were low. In fact, 26.8%, 17%, and 24.1% were vaccinated before, during the COVID-19 pandemic and during the 2022–2023 season, respectively. These rates are far lower than the reported rate of uptake in Jordan (62.8%) during the 2021–2022 season¹¹. The small decline observed during the COVID-19 period is not surprising due to its drastic consequence on one's behavior and the introduction of COVID-19 vaccination resulted generally in the avoidance of the flu vaccine^{10,30}. Other findings show an increase in vaccine uptake during this period^{15,17,31–34}, where the fear of contracting the two diseases (flu and COVID-19) was the main reason for vaccination¹⁷. The encouraging finding of our study is, however, the increase of vaccine uptake during the 2022–2023 season, an expected result as COVID-19 served as a motivator for adopting good public health behaviors¹⁰. In this way, 39.3% of the participants reported that COVID-19 has positively changed their attitude toward the influenza vaccine. Similar observations were also reported among the general population³⁵ and healthcare workers in Italy³⁶ and in Ireland³⁷. In addition, 70.97% of HCWs and 81.82% of resident doctors in Italy perceived that flu vaccination would be more important during the first vaccination season after the emergence of COVID-19³¹.

Another interesting finding is that 58.9% of the participants were in favor of vaccination despite their uptake status. However, this rate remains lower than the rates of willingness reported in Southern Italy (68%)²⁵, in China (74.89%)¹⁴, and in Saudi Arabia (79%)³⁰, but slightly higher than the rate reported in Poland (54%)³⁸.

In agreement with previous studies, vaccination motivators of the participants include protection of themselves, their families, and their patients^{6,17,23}, while the most cited barriers include the fear of side effects and the effectiveness of the vaccine^{6,9,13,19,22,23,37}. Another barrier that was particularly cited in low- and middle-income countries include the cost of the vaccine and its availability^{6,11,19,21}. Furthermore, free access to vaccination was the strongest motivator of vaccine acceptance among HCWs in Poland³⁸. These findings suggest the need to ensure the availability of the vaccine and recommendation to be supplied free to high-risk categories including HCWs.

Regarding flu vaccine acceptance predictors, there were two interesting observations: the increased odds of acceptance among medical staff when compared to paramedics and the effect of COVID-19 vaccine uptake on seasonal influenza vaccine acceptance. The same observation was reported in different countries where physicians were more likely to accept the vaccine than nurses^{7,10–12,17,25,31,38,39}. The opposite results were seen in Saudi Arabia where nurses were more likely to be vaccinated during the 2020–2021 season (AOR=2.70), and to declare their intention to be vaccinated in the subsequent year (AOR=2.94)³⁰. The authors related these results, however, to the low number of physicians in the studied sample. Lastly, the positive effect of vaccine acceptance on seasonal flu vaccine intention has been previously documented by Di Giuseppe et al. in Italy²⁵.

Limitations

The results of this study are to be considered in light of some limitations related mainly to the sample size and the sampling approach. The low number of respondents in this study may impact the generalizability of the results, while the online sampling strategy and convenience sample may introduce some selection biases by skipping some groups including older individuals and those lacking an internet connection. Another limitation is related to the self-assessment of vaccine uptake and intention, which may result in social desirability bias.

CONCLUSIONS

The current study provides data on influenza vaccination intention, uptake, and predictors in Algeria. The results indicated a low level of vaccine uptake while vaccine acceptance was reported by about two-thirds of participants. Motivators included protecting families and patients while the most significant barriers were related to vaccine safety. Within our sample, factors associated with vaccine acceptance mainly included the medical profession and COVID-19 vaccine uptake.

ACKNOWLEDGMENTS

The authors would thank all participants in this study.

CONFLICTS OF INTEREST

The authors have completed and submitted the ICMJE Form for disclosure of Potential Conflicts of Interest and none was reported.

FUNDING

There was no source of funding for this research.

ETHICAL APPROVAL AND INFORMED CONSENT

Ethical approval was obtained from the Scientific Committee of the Faculty of Natural and Life Sciences, University of

Djelfa (Approval number: 265; Date: 10 November 2022). Participants provided informed consent.

DATA AVAILABILITY

The data supporting this research are available from the authors on reasonable request.

AUTHORS' CONTRIBUTIONS

ML: study concept, data analysis, writing of the manuscript. DB: study concept and data curation. AO: data curation. All authors read and approved the final version of the manuscript.

PROVENANCE AND PEER REVIEW

Not commissioned; externally peer reviewed.

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